



Affinity Dental Care
& Implant Centre

Guide to Dental
Bridges





Why should I replace missing teeth?

Appearance is one reason, the other is that a gap left by a missing tooth can cause greater strain on the teeth either side.

A gap can also mean your **'bite'** is affected, because the teeth next to the space can lean into the gap and alter the way the upper and lower teeth bite together.

This can lead to food getting trapped in the gap, that can then lead to **gum disease** and **tooth decay**.

How are missing teeth replaced?

This depends on a number of factors:

- Number of teeth missing.
- Location of teeth missing in the mouth.
- Condition of the other teeth.

There are two main ways to replace missing teeth:

Option 1:

Removable false tooth or teeth, called a partial denture.

Option 2:

A bridge is usually used where there are a few teeth to replace or when the missing teeth are only on one side of the mouth.



Can I always have a bridge to replace missing teeth?

Yes, if you have enough strong teeth with good bone support.

Your dentist will help you decide the best way of replacing your missing teeth within your budget.





What are bridges made of?

Bridges are usually made of a precious metal base. If the bridge will show, then **porcelain** is then bonded to the base. Sometimes there are other non-precious metals used as the base to help reduce cost.

Are there different types of bridges?

Yes, there are different types of bridges which use different fixing methods. Your dentist will choose the most effective and conservative bridge for your personal situation.

Are bridges expensive?

Although a bridge system may seem expensive, it will last many years. It will also improve your appearance and bite. A bridge uses the considerable skill of the dentist and technician, and in this way, it's similar to ordering a piece of handmade jewellery.

The materials are also expensive, so it's fair to say a bridge is not the cheapest treatment.



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How do I look after my dental bridge?

You need to clean your bridge every day, just as you would your teeth. This prevents bad breath and gum disease.

You also have to clean under the false tooth every day.

Don't worry though, your dentist or hygienist will show you how to use a bridge needle or special floss. This is because a normal toothbrush cannot reach.

If you are interested in dental bridges, please contact us on **01452 526 526** to get booked in for a consultation, to see if you are a candidate for this treatment.



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Meet Our Clinical Director & Principal Dentist

Dr. Peter Workman BDS - A Dedicated Dental Professional

Dr. Peter Workman is the Practice Owner and Clinical Director at Affinity Dental Care & Implant Centre. With a wealth of experience and expertise in the field of dentistry, he has placed thousands of dental implants, establishing himself as a leading figure in dental care.

Hailing from Scotland originally, Dr. Workman relocated to the area in 2000, bringing his talents and commitment to the local community. Over the years, he has pursued a myriad of advanced courses, showcasing his unwavering passion for the field of dentistry.

One of Dr. Workman's standout qualities is his delightful sense of humour, which not only refreshes the atmosphere but also creates a comforting environment for his patients. He takes great pleasure in getting to know and personally caring for each of his patients, building strong, lasting relationships in the process.

Dr. Workman's dedication to learning is evident in his commitment to ongoing professional development. He is ardent about expanding his knowledge and expertise and believes in sharing this wealth of information to enhance the collective skills of his dental team. In this spirit, he also serves as a mentor to fellow dentists, nurturing their growth and advancement in the field.



Outside of the dental realm, Dr. Workman leads a fulfilling life. He enjoys the thrill of skiing, cherishes quality time spent with family and friends, and finds joy in exploring the outdoors on two wheels. His adventurous spirit extends beyond the dental office, making him a well-rounded individual with a zest for life.

Dr. Peter Workman is the embodiment of a dedicated dentist who brings a touch of humour and warmth to his practice. His commitment to ongoing learning, patient care, and mentoring within the dental community has made him a respected and beloved figure in the profession.



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