

### What is conscious sedation?

Sedation dentistry uses medication to help patients relax during dental procedures and patients are awake during the procedure.

#### Candidates for sedation:

- High anxiety about dental visits.
- Patients receiving complex treatment.
- Anyone with a strong gag reflex.

There are a few types of medical anxiety control in Dentistry which your dentist will discuss the various options with you. We offer Intravenous Sedation (with the possibility of oral premedication for the night before).

Below is a brief outline of what to expect in order to give you a better understanding of what would be most suitable for yourself.

Most importantly, realise that your dentist is only thinking of you when they suggest a form of sedation. It is a safe procedure that can be carried out in our practice so treatment will be carried out sooner.



We want to do everything we can to make your appointment as comfotable as possible. If you are interesed in IV Sedation, please get in touch with us today.



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# What to do before your appointment...



Continue to take all routine medication unless advised otherwise.



Inform your dentist if you've seen your GP or have been in hospital since your last appointment.



Inform your dentist of any medications you are currently taking.



Inform your dentist if you may be or are pregnant or currently breastfeeding.



Ensure you bring a responsible adult with you to accompany you home after the appointment.



Please ensure you do not drink any alcohol on the day of your appointment.



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#### What happens during sedation?

This is the type of sedation is where you get a cannula (small needle followed by a very fine flexible plastic tube) inserted, usually into the back of your hand or your arm.

You are then given a medication (usually **midazolam**) which brings about a much greater degree of sedation and relaxation than the inhalation sedation does.

#### Will I feel any pain during my treatment?

Your dentist will use local anaesthetic to numb the are being treated.

Due to the sedation you will not be aware of this and typically will have no memory of the treatment, following the procedure.

### What happens after my appointment?

Sedation will make you sleepy and disorientated, therefore once your treatment has been completed you will remain at the practice (typically **30 minutes**) until you are deemed fit to leave by one of our dentists or dental nurses and accompanied by a responsible adult.





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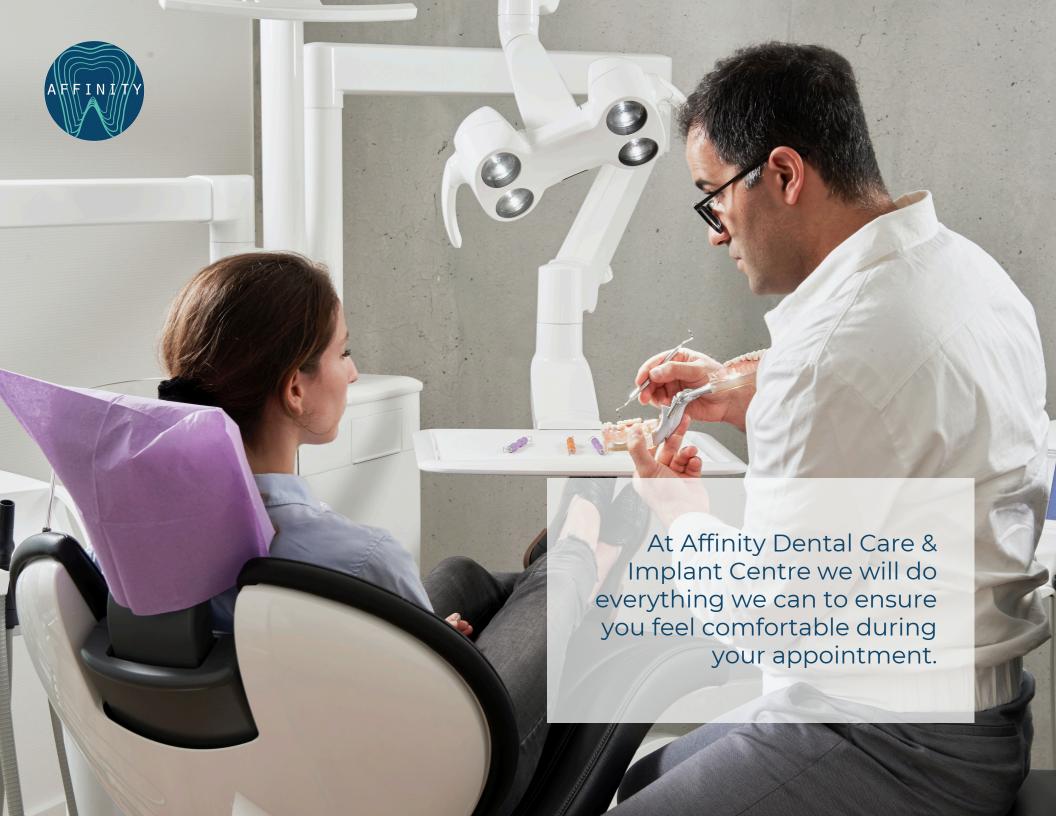
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## Things to do after your appointment...



Ensure a responsbile adult stays with you for a minimum of 24 hours.



Rest for a few hours after treatment whilst the after effects of sedation wear off.



Continue taking any routine medications.



Eat light and easily digestible meals as you may be nauseous following sedation.



Do not drive or operate any heavy machinery, cooking appliances etc.



Do not drink any alcohol for the first 24 hours following your appointment.



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# Meet Our Practice Clinical Director & Principal Dentist

### Dr. Peter Workman BDS - A Dedicated Dental Professional

Dr. Peter Workman is the Practice Owner and Clinical Director at Affinity Dental Care & Implant Centre. With a wealth of experience and expertise in the field of dentistry, he has placed thousands of dental implants, establishing himself as a leading figure in dental care.

Hailing from Scotland originally, Dr. Workman relocated to the area in 2000, bringing his talents and commitment to the local community. Over the years, he has pursued a myriad of advanced courses, showcasing his unwavering passion for the field of dentistry.

One of Dr. Workman's standout qualities is his delightful sense of humour, which not only refreshes the atmosphere but also creates a comforting environment for his patients. He takes great pleasure in getting to know and personally caring for each of his patients, building strong, lasting relationships in the process.

Dr. Workman's dedication to learning is evident in his commitment to ongoing professional development. He is ardent about expanding his knowledge and expertise and believes in sharing this wealth of information to enhance the collective skills of his dental team. In this spirit, he also serves as a mentor to fellow dentists, nurturing their growth and advancement in the field.



Outside of the dental realm, Dr. Workman leads a fulfilling life. He enjoys the thrill of skiing, cherishes quality time spent with family and friends, and finds joy in exploring the outdoors on two wheels. His adventurous spirit extends beyond the dental office, making him a well-rounded individual with a zest for life.

Dr. Peter Workman is the embodiment of a dedicated dentist who brings a touch of humour and warmth to his practice. His commitment to ongoing learning, patient care, and mentoring within the dental community has made him a respected and beloved figure in the profession.



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